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Dear Assembly Member,

Thank you for participating in Oxford Citizens Assembly on Climate Change and for giving up your time on two weekends. Your input into the process is very much appreciated.

Whether you have been concerned about climate change for a long time or if the Assembly has introduced you to the seriousness of the challenge we face, you may well be thinking about what you can do as a citizen now that the Assembly is over.

Here are some ideas and information that may be useful to you:

Presentation videos and slides

We will be uploading the available presentations and slides onto the Oxford City Council web page for the Citizens Assembly, which can be accessed here: www.oxford.gov.uk/citizensassembly

Want to take some practical steps in your own life?

If you would like suggestions of what you can do as an individual, here are some links to websites you might find useful as starting points:

- Oxford Together On Climate Change
<https://change4climate.uk/action1/>
- Low Carbon West Oxford
<https://www.lowcarbonwestoxford.org.uk/5-things-we-can-all-start-doing-right-now/>
- BBC Future's "Ten simple ways to act on climate change" -
<http://www.bbc.com/future/story/20181102-what-can-i-do-about-climate-change>
- 52 Actions climate actions for individuals
<https://www.52climateactions.com/>
- Friends of the Earth – 'What can I do to stop climate change?' -
<https://friendsoftheearth.uk/climate-change/what-can-i-do-to-stop-climate-change>
- Bioregional One Planet Cities project - <https://www.bioregional.com/projects-and-services/influencing-wider-change/one-planet-cities>

Feeling a bit shaken up by the discussions about climate change?

If you have been affected by the information on climate change and would like some support or further reading and advice these sites may be useful:

- There is an 'Eco-listening circle' at the Quaker Centre every Wednesday between 6 and 7 pm. <https://www.xroxford.org/event/eco-listening-space-4>
- Climate Psychology Alliance
<https://www.climatepsychologyalliance.org/news/330-cpa-therapeutic-support>
- Psychology Oxford
<https://www.psychologyoxford.com/climate-project-dr-patrick-kennedy-williams-eco-anxiety>

Are you finding it difficult to talk with friends and family about climate change?

- Low Carbon Oxford North will be hosting two workshops on the topic of conversations about climate change with family and friends.

The first workshop will be taking place on **Saturday 26 October**, has been designed especially for Oxford Citizens Assembly members, though all are welcome.

<https://www.facebook.com/pg/taketheco2outofox2/events>

Are you considering joining a group?

Oxford and Oxfordshire have over 60 community groups working to create a low-carbon community.

- You can find your local low-carbon group here:
<https://cagoxfordshire.org.uk/oxfordshire-groups>

Many of the groups have been working on climate change for years with a group of volunteers, and if you want to help they'll be very pleased to have you. If you just want to find out more without commitment, that is fine too.

You can chat to local groups at two upcoming events:

- Eco-Fair at the Church of St Michael and All Angels in Summertown on **Saturday 23 November**
- Oxford Green Fair at the Town Hall on **Sunday 1 December**
- Extinction Rebellion are holding an event on **Wednesday 30 October** for anyone interested in finding out more about their direct action approach to the climate crisis
<https://www.xroxford.org/event/how-to-join-extinction-rebellion-oxford>

What about a workshop or information session?

Many low-carbon groups host regular events and activities. For example, Low Carbon West Oxford is holding a series of events – including workshops for children and young people, resources for those working with children, and practical advice on energy use in the home. <https://www.lowcarbonwestoxford.org.uk/calendar>

Perhaps you're interested in using less stuff?

- Oxford has several repair cafés and other schemes which provide an opportunity learn how to repair items including household goods, bikes, clothes, jewellery, etc. See the example of the Rose Hill and Iffley repair café – www.youtube.com/watch?v=e4Hgs9IZmQI
- Share Oxford, a library of things which also holds regular repair cafés. <https://shareoxford.org>

Outdoors

Getting out into the natural world is known to help with general wellbeing and handling difficult feelings about our environment. Joining outdoor working parties is a great way to enjoy yourself and look after our green spaces at the same time.

There are at least two opportunities to help with tree planting in Oxford in November – Low Carbon Oxford North and Low Carbon West Oxford are each hosting tree planting. The Berkshire, Buckinghamshire and Oxfordshire Wildlife Trust (BBOWT) runs a project called Wild Oxford which organises outdoor work parties to look after several beautiful green spaces within the city area. www.bbowt.org.uk/wildlife/living-landscapes/wild-oxford

Waste Facilities Visit

We received feedback after the first weekend that many of you would be interested in visiting some of Oxfordshire's waste facilities. We will organise a trip specifically for Assembly Members as soon as possible. We will be in touch with details via email if you signed up to stay in touch.

Contact

If you have any further questions please do get in touch with us at citizensassembly@oxford.gov.uk

If you would like to support the City Council in its communications around the Citizens Assembly and the Climate Emergency, please contact the communications team at pressoffice@oxford.gov.uk

Thanks once again for your participation.