

# How can Victims First **HELP?**

You can contact Victims First to access tailored support based on your individual needs.

If you are a victim, witness or a family member of a victim, you can receive support through Victims First.

When you contact us you will be allocated a Victims First Officer who will discuss any emotional or practical needs you may have. You will work together to put in place a support plan which could involve referring you to one of our specialist services for further help.

*“ I just wanted to thank the Young Victims Service for all the support and help you have provided me and my family this past year.”*

## Contacting **Victims First**

To speak to a Victims First Officer about any of our services and to receive support please call:



**0300 1234 148**

You can also make a referral for support online through our website:



[www.victims-first.org.uk](http://www.victims-first.org.uk)

You can follow us at:



[www.facebook.com/victimsfirstTV](https://www.facebook.com/victimsfirstTV)

**VICTIMS FIRST**

Care | Empower | Recover

DO YOU  
NEED  
**SUPPORT**  
FOLLOWING  
A CRIME?

**VICTIMS FIRST**

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## Have you been a victim or witness of a crime?

Being a victim or a witness of crime can be an emotional and difficult time.

Victims First is dedicated to making sure that you can get the support you need to help you cope and recover.

Victims First provides free emotional and practical support to all victims and witnesses of crime, as well as family members of victims. It is available across Berkshire, Buckinghamshire and Oxfordshire and can provide help regardless of whether or not the crime has been reported to the police.

## Our services

We have a number of specialist services which include help for victims of sexual violence and domestic abuse.

We may refer you to one of our specialist services depending on your needs. The type of assistance available includes:

- » Telephone support
- » Face to Face support
- » Advocacy, including, help to access other services such as sexual health clinics, drug and alcohol services and legal services
- » Support through the criminal justice system (if you have reported the crime to the police)
- » Therapeutic counselling



## Support for young victims

Our Young Victims Service is available to anyone aged 18 and under.

Many young people have been hurt by crime, with under 18s twice as likely to be victims of crime as adults. The service particularly specialises in supporting young people who have witnessed or been a victim of domestic abuse and victims of sexual violence. It can also provide assistance to the parents and family members of the young person.

## Restorative Justice

Restorative Justice allows for communication between victims and offenders.

Victims First can provide access to Restorative Justice which empowers victims by giving them an opportunity to both ask questions of and explain to offenders the real impact of the crime.

There are many possibilities for restorative processes including exchange of written correspondence between victim and offender and the opportunity for a victim and offender to meet.