

Adult Dance Class Listings (weekly)

(For further details about a class, please contact the tutor directly)

Bachata

A style of dance that originated in the Dominican Republic. and is now danced all over the world.

Monday – Old Fire Station, Gloucester Green
(9.30pm start) Salsa

Contact: lisa@salsaoxford.com – 07885 574360

Balkansko Oro

Balkan folk dances are based on the dance rhythms which are found more or less exclusively in the countries surrounding the Balkan mountain ranges. Danced in a line or circle.

Thursday - St Margaret's Institute, Polstead Rd
(8.15-10.15pm) All levels (£2 per session)

Contact: Roger Wickstead 01865 451890

Ballet

Monday - St Alysious School, St Margaret's Road
(4.30-5.30pm) RAD Grade 6

(5.30-6.45pm) ISTD Intermediate Foundation

(6.45-7.45pm) RAD Grade 8

(7.45-9.15pm) Intermediate/Advanced 1

Contact: Paula Natrass 01235 555496 / dance@delany.co.uk /
www.oxfordacademyofdance.co.uk

Monday – Old Fire Station, 40 George Street, OX1 2AQ

(7:00-8:00pm) RAD Intermediate Foundation

(8:00-8:15pm) Pointework

(8:15-9:30pm) RAD Intermediate

Contact: Sarah Stead 07956 231155 / info@expressiondance.co.uk

Monday – United Reformed Church Hall, Banbury Road, Summertown OX2 7HN

(4.15 – 5.30pm) Adult Beginners Ballet class

(5.45 – 7.15pm) Intermediate Ballet class

£8 (£7 students) per class, 10th class free for regular attenders

Contact: Susie Crow/ susiecrow@gmail.com, 01865 557098

<http://balletinsmallspaces.wordpress.com/classes>

Monday – St. Matthew's Church, Marlborough Road, South Oxford

(1.30-3.00pm) Intermediate level

Tutor Karen Sellick (£10 per lesson)

Contact: Karen Sellick - 07857 500352

Tuesday - St Alysious School, St Margaret's Road

(8.15-9.00pm) Adult Limbering

Contact: Paula Natrass 01235 555496 / dance@delany.co.uk /

www.oxfordacademyofdance.co.uk

Tuesday - 1st Floor Hall, Jericho Community Centre, Canal St

(4.30-6.00pm) Beginners/Elementary

(6.00-8.00pm) Advanced

(£4/£5 per session plus membership fee £10/£15 for academic year)

(Run by University Dance Society during the university term time)

Contact: Yuka Kodama 01869 249430 / 07957482527

yuka_kodama@yahoo.com

Tuesday – Venue TBC

Starting January 2013

(7:00-8:00pm) Beginners/Improvers

Contact: Sarah Stead 07956 231155 / info@expressiondance.co.uk

Wednesday - Rover Sports & Social Club, Roman Way

(7.30-8.30pm) All levels

Contact: Dance Rhythms 01865 875800 / dance@dancerhythms.com /

www.dancerhythms.com

Wednesday - Old Fire Station, 40 George Street, OX1 2AQ

(7:00-7:30pm) Body Conditioning

(7:30-8:45pm) Non Syllabus Mixed Level Ballet

(8:45-9:15pm) Pointework

Contact: Sarah Stead 07956 231155 / info@expressiondance.co.uk

Wednesday– The Cornerstone, Didcot

(7.15-8.15pm) Beginners

Contact: 01235 515144/ cornerstone@southoxon.gov.uk or [www.cornerstone-](http://www.cornerstone-arts.org)

[arts.org](http://www.cornerstone-arts.org)

Wednesday– Park House School Dance Studio, Andover Road, Newbury

(6.45-7.20pm) Adults & Teens – Beginners to Advanced –

£3.50 per session

Contact: Debbie Camp - debbie.camp@bigfoot.com

Wednesday – Rye St Antony School

(7.15-8.30pm) Adult beginners / Intermediate – Taught by Nyroy Dixon

Contact: Penny Cullerne Bown –01865 847747 / www.eastoxfordballet.co.uk

Thursday - United Reformed Church, Banbury Road, Summertown OX2 7HN

(10.00-11.30am) Advanced ballet class - Adults with experience/ senior ballet

students & professional dancers (£8 per class – 10th class free for regular

attenders)

Contact: Susie Crow 01865 557098 / susiecrow@gmail.com

<http://balletinsmallspaces.wordpress.com/classes>

Thursday - Old Fire Station, 40 George Street, OX1 2AQ

(8:00-9:30pm) Non Syllabus Intermediate/Advanced

Contact: Sarah Stead 07956 231155 / info@expressiondance.co.uk

Thursday – North Wall Arts Centre, Summertown

(8.00-10.00pm) Adult Ballet/ Elementary point work optional

Contact: Marrianna Vellopoulou - 07747481798 / 01865 516348 email: mariannavel@hotmail.co.uk

Thursday – 1st Floor Hall at Jericho Community Centre, Canal Street
(5.00-7.30pm) Repertoire Class / Rehearsal for the show

Contact: Yuka Kodama 01869 249430 / 07957482527 / yuka_kodama@yahoo.com

Thursday – Rye St Antony School

(7.30-8.45pm) Adult ballet (based on Grade 8) – Taught by Penny Cullerne Bown

Contact: Penny Cullerne Bown –01865 847747 / www.eastoxfordballet.co.uk

Thursday – Oakeshott Room, Lincoln College, Turl Street

(7.00-8.30pm, 8.30-9.00 pointe work) Intermediate (£3)

Contact: Lucy Ashe / lucy.ashe@st-hughs.ox.ac.uk or FreeFall Dance
www.freefalldance.org.uk

Friday – Oxford Academy of Dance at St Aloysius Primary School

(5.00-6.30pm) Intermediate Ballet

(6.30-7.45pm) Intermediate/ Advanced Ballet (Adults with experience, senior ballet students / dance professionals)

Contact: Paula Natrass: paula@oxfordacademyofdance.co.uk or visit
www.oxfordacademyofdance.co.uk

Friday - Ground Floor Hall, Jericho Community Centre, Canal St

(6.30-8.00pm) Essential Classic Ballet Technique (£6 per session)

(8.00-8.30pm) Elementary Pointe Work (£3 per session - £1.50 if taken with the class beforehand)

Contact: Yuka Kodama 01869 249430 / 07957482527 / yuka_kodama@yahoo.com

Friday - United Reformed Church, Collinwood Road, Headington, OX3 8HW

(1:00-2:00pm) RAD Intermediate Exam Class

Contact: Sarah Stead 07956 231155 / info@expressiondance.co.uk

Saturday – United Reformed Church, Banbury Road, Summertown OX2 7HN

(10.00 – 11.15am) Adult beginners (£8 (£7 students) per class, 10th class free for regular attenders)

(11.30 – 1.00pm) Adult intermediate/advanced (£8 per class, 10th class free for regular attenders)

Contact: Susie Crow/ susiecrow@gmail.com, 01865 557098

<http://balletinsmallspaces.wordpress.com/classes>

Saturday - United Reformed Church, Banbury Road

(10.00-11.15am) Adult beginners

(£8 per class, £7 for students, 10th class free for regular attenders)

Contact: Susie Crow/ susiecrow@gmail.com, 01865 557098

<http://balletinsmallspaces.wordpress.com/classes>

Saturday - Old Fire Station, 40 George Street, OX1 2AQ

(9:45-11:00am) RAD Intermediate

(11:00-11:30am) Body Conditioning

(12:30-1:30pm) RAD Intermediate Foundation

Contact: Sarah Stead 07956 231155 / info@expressiondance.co.uk

Saturday –1st Floor Hall, Jericho Community Centre, Canal St

(2.00-4.00pm) Intermediate (£6 per session)

Contact: Yuka Kodama 01869 249430 / 07957482527 / yuka_kodama@yahoo.com

Ballroom/ Latin

Monday - Abingdon Dance Studios

(8.45pm-9.45pm) - Beginners (Waltz, Cha Cha, Foxtrot, Rock 'n' Roll and Quickstep) **Contact:** 01235 520195 / liz.lee-selleck@tesco.net

Monday – Baldons Village Hall, The Croft, Marsh Baldon, Oxford, OX44 9LL

(7.30-8.30pm) – Ballroom & Latin Improvers

(8.30-9.30pm) – Ballroom & Latin Improvers Plus

Contact: **Dance Rhythms** 01865 875800 / 07889 854812 / dance@dancerythms.com / www.dancerhythms.com

Tuesday – Baldons Village Hall, The Croft, Marsh Baldon, Oxford, OX44 9LL

(7.30-8.30pm) – Ballroom & Latin Medallist class

(8.30-9.30pm) – Ballroom & Latin Improvers class

Contact: **Dance Rhythms** 01865 875800 / 07889 854812 / dance@dancerythms.com / www.dancerhythms.com

Wednesday – The Oxford Academy, Sandy Lane West, Littlemore OX4 6JZ
(The dance studio)

(7.30-8.30pm) – Ballroom & Latin Intermediate class

Contact: **Dance Rhythms** 01865 875800 / 07889 854812 / dance@dancerythms.com / www.dancerhythms.com

Thursday – Baldons Village Hall, The Croft, Marsh Baldon, Oxford, OX44 9LL

(8.00-9.00pm) – Ballroom & Latin Improvers class

Contact: **Dance Rhythms** 01865 875800 / 07889 854812 / dance@dancerythms.com / www.dancerhythms.com

Sunday – Risinghurst Community Centre, Kiln Lane, Oxford

(4.00-5.00pm) Ballroom & Latin Improvers class

(5.00-6.00pm) Ballroom & Latin Improvers class Plus

Contact: Dance Rhythms 01865 875800 / dance@dancerythms.com / www.dancerhythms.com

Belly Dancing

Social and performance dance from Egypt, Lebanon and Turkey, based on fluid and percussive movements of the hips and torso.

Monday – St. Andrews Church Hall, Orchard Road, Dean Court, Botley

(6.30-7.30pm) Tribal fusion style for improvers upward

(7.30-8.30pm) Beginners

Contact: Loreley Rice 01367710652 / loreleyrice@gmail.com

Tuesday – The Beacon, Portway, Wantage

(8.30-9.45pm) Intermediate / advanced

Contact: Loreley Rice 01367710652 / loreleyrice@gmail.com

Tuesday – Wantage Civic Hall, Portway, Wantage

(6.15-7.15 pm) Beginners

(7.30-8.30 pm) Improvers

(8.30-9.45 pm) Advanced

Contact: Loreley Rice 01367 710652 / loreley@homecall.co.uk / www.loreleyrice.co.uk

Tuesday – East Oxford primary School, Union Street
(7.00-8.00pm) Foundation

Contact: secretary@oxfordbellydanceclasses.org / www.oxfordbellydanceclasses.org

Thursday – Abingdon Conservative Club, Ock Street, Abingdon
(6.30-7.30pm) Improvers
(7.30-8.30) Improvers
(8.30-9.30pm) Intermediates
Contact: Loreley Rice 01367 710652 / loreley@homecall.co.uk / www.loreleyrice.co.uk

Wednesday – Ladygrove Community Centre, Tamar Way, Didcot
(6.00-7.00 pm) Beginners - 6-week course starting 19th Sept 2012
(8.00-9.00 pm) Improvers
Contact: Loreley Rice 01367 710652 / loreley@homecall.co.uk / www.loreleyrice.co.uk

Thursday – Abingdon Conservative Club, 59 Ock St, Abingdon
(6.30-7.30pm) Beginners
(7.30-8.30pm) Improvers
(8.30-9.30pm) Intermediates
£6.30 per class or £73.50 for 14-week term
Contact: Loreley Rice 01367 710652 / loreley@homecall.co.uk / www.loreleyrice.co.uk

Thursday – East Oxford primary School, Union Street
(6.30-7.30 pm) Technique and Conditioning
(6.30-7.30pm) American Tribal Style (ATS) world fusion dance
(7.30-8.30pm) Foundation/Improvers (mixed level class)
(7.30-8.30pm) Intermediate level
Contact: secretary@oxfordbellydanceclasses.org / www.oxfordbellydanceclasses.org

Thursday – Baldons Village Hall, The Croft, Marsh Baldon, Oxford, OX44 9LL
(10.30-11.30am) – Fun social class, great exercise, new members welcome
Contact: **Dance Rhythms** 01865 875800 / 07889 854812 / dance@dancerhythms.com / www.dancerhythms.com

Bharata Natyam (Kala Arpan)

A classical dance originated in Tamilnadu, now in India. Bharatanatyam is usually accompanied by the classical Tamil music.

Fortnightly Sundays - Pegasus Theatre, Magdalen Rd
(10.00-12.00pm) Beginners
Contact: Pegasus Theatre 01865 812150

Breakdance (Flawrtists)

Monday: Lake Street Community Centre, lake street (off the Abingdon Road)
(6.30-7.30) £4 16+
Contact: Marcus Maurice 07885751829/ Mauricem8@hotmail.co.uk

Body Alignment & Movement (BAM)

A Creative Approach to Human Movement and Body Alignment

Thursday - St Peter & St Paul Church Hall, Botley

(7.00-8.00pm) £3 per session.

Contact: Diane Van Der Westhuizen 07816 395964

Saturday - Jericho Community Centre, Canal St

(9.30-10.30am) £3 per session.

Contact: Diane Van Der Westhuizen 07816 395964

Booiaka

Fusion of commercial, street & hip-hop dance fitness

Tuesday: St Nicholas School, Raymund Road, Marston

(7pm) £5 pay as you go

Thursday: ARK T Centre, Crowell Road, Cowley

(6.30pm) £5 pay as you go

Contact: Sarah Pomroy 07714 248 177/ zumbasarahoxford@gmail.com

[/www.zumbasarahoxford.com](http://www.zumbasarahoxford.com)

Burlesque

It's all tease and no sleaze.

Monday –downstairs at East Oxford Community Centre, Princes St

(8.00-9.00pm) Open class (£6 per session)

Contact: Lauren O'Day – 07745 031293 / attitude_dance_school@live.co.uk

Butoh

Body-based sensitivity training and exploration, bringing unconscious material into movement

Friday –upstairs at East Oxford Community Centre, Princes St

(7.30-9.30pm) Open class (£8 per session)

Contact: Ana Barbour 07984641999 / Ayala Kingsley 01865 750025 /

www.cafereason.com

Capoeira

A Brazilian dance form based on a type of martial arts, developed by Brazilian slaves in the 1700's.

Monday – Oxford Brookes Centre For Sport, Cheney Lane

(8.00-9.30pm) Beginners & Intermediate

Contact: info@abolicao.co.uk / / 01865 428404 / www.abolicao.co.uk

Tuesday – East Oxford Games Hall, Collins Street

(7.00-9.00pm) Intermediate & Advanced

Contact: info@abolicao.co.uk / 01865 428404 / www.abolicao.co.uk

Wednesday – Oxford Brookes Centre For Sport, Cheney Lane

(8.00-9.30pm) Beginners & Intermediate

Contact: info@abolicao.co.uk / 01865 428404 / www.abolicao.co.uk

Thursday – East Oxford Games Hall, Collins Street

(7.00-9.00pm) Intermediate & Advanced

Contact: info@abolicao.co.uk / 01865 428404 / www.abolicao.co.uk

Ceili (Irish)

Monday - Corpus Christi Church Hall, Headington
(7.30-9.30pm) All levels (£4 per session).

Contact: Anne- Marie 07970356723 / amgallacher@hotmail.co.uk

Ceroc (Modern Jive)

Monday – The Regal, 300 Cowley Road, Oxford

(8.00-9.00pm) Beginners

(9.00-9.45pm) Intermediate & beginner practice session

(9.15-11.00pm) Freestyle

Monday – Town Hall, Chipping Norton

(7.30-8.30pm) Beginners

(8.30-9.15pm) Intermediate & beginner practice session

(9.15-10.30pm) Freestyle

Tuesday – Guildhall, Abbey Close, Abingdon

(8.00-9.00pm) Beginners

(9.00-9.45pm) Intermediate & beginner practice session

(9.45-11pm) Freestyle

Tuesday - Bicester Ex-Serviceman's Club, Bicester

(8.00-9.00pm) Beginners

(9.00-9.45pm) Intermediate & beginner practice session

(9.45-11pm) Freestyle

Wednesday - Oxford Town Hall, Oxford

(7.30-8.30pm) Beginners

(8.30-9.15pm) Intermediate & beginner practice session

(9.15-10.30pm) Freestyle

Thursday – Civic Hall, Britwell Road, Didcot

(8.00-11.00pm) Beginners class followed by Freestyle

(8.30-9.15pm) Intermediate & beginner practice session

(9.15-10.30pm) Freestyle

Thursday - Exeter Hall, Oxford Road, Kidlington

(8.00-9.00pm) Beginners

(9.00-9.45pm) Intermediate & beginner practice session

(9.45-11pm) Freestyle

Friday – Civic Hall, Wantage (8.30-9.00pm) Beginners

(9.00-9.30pm) Intermediate & beginner practice session

(9.30-11pm) Freestyle Advanced Class once a month (last Friday of the month)

Contact: Roy & Melissa Power 07974388340 / ceroc_oxford@hotmail.com /

www.cerocoxford.com

Circle & World Dance

Dancing in a circle, without partners, to a selection of traditional & modern music, using both traditional folk dances from around the world, and modern choreographies.

Wednesday - North Oxford Ass. Community Centre, Diamond Place
(2.30-4.30pm) Beginners welcome.

Contact: Mary Williams 01235 520608 / marywilliamsox14@yahoo.co.uk

Contemporary Dance

Tuesday - Ark-T Centre, Crowell Road, Cowley

(7.15-9.15pm) DugOut Adult Community Dance

Contact: Cecilia Macfarlane 07968 073763

Wednesday – St. Margaret’s Institute, Polstead Road, OX2 6TN
(7.45-9.30pm) Intermediate
Contact: Anja – 07719 760925 / info@justiceinmotion.co.uk

Wednesday– Park House School Dance Studio, Andover Road, Newbury
(7.30-8.45pm) Adults & Teens – General level
£6.50 per session
Contact: Debbie Camp 01635 255159 / debbie.camp@ncdc.co.uk

Wednesday– St Margaret’s Institute, Polstead Road
(7.45-9.30pm)
£8 (10th class free)
Contact: Roosa Leimu-Brown – 07718 075199 / roosa@yogeydokey.com

Wednesday – Oxford University Club, 11 Mansfield Road, Oxford, OX1 3SZ
(8.00pm) Contact Improvisation Dance
Contact: Andrew Wood 07973953446 / contact@contactdance.org

Thursday – Old Fire Station, George Street
(18.00-19.30) All Oxford University Dance Society
Contact: <http://users.ox.ac.uk/%7Edancesoc/index.html>

Friday – Iffley Church Hall, Church Way, Iffley
(7.45-9.00pm) Elementary (Graham based class)
Contact: Joelle Pappas – tacautacdance@gmail.com / 01865 251643
(5 or 6 classes per term, please contact for dates)

Saturday– East Oxford Community Centre, Princes Street
(10.00-11.30am) Intermediate
Contact: Anja – 07719 760925 / info@justiceinmotion.co.uk

Sunday - East Oxford Community Centre, Princes Street
(6.15-7.45pm) Beginners
Contact: Anja – 07719 760925 / info@justiceinmotion.co.uk

Contemporary Dance (for adults with learning difficulties)

Wednesday - Oxford venue – Ark T Centre, Cowley
(5.00-6.30pm) All welcome
(£3.50 per class)
Contact: Anjali Dance Company 01295 251909 / info@anjali.co.uk / www.anjali.co.uk

Wednesday - The Mill Arts Centre, Banbury
(4.30-6.00pm) All welcome
(£3.50 per class)
Contact: Anjali Dance Company 01295 251909 / info@anjali.co.uk / www.anjali.co.uk

Contemporary / Contemporary Jazz

Monday – Headington Quarry, Oxford
(7.30-8.30pm) Adults beginner class
Contact: lunasdanceproject@gmail.com

Tuesday – Old Fire Station, George Street
(9.30-11am) advanced beginner/ intermediate
Contact: Ellie Aldegheri – lunasdanceproject@gmail.com

Tuesday – Old Fire Station, George Street
(11.30am-12.30pm) Dance Movement Class
Contact: Ellie Aldegheri – lunasdanceproject@gmail.com

Wednesday – Old Fire Station, George Street
(5.30-7pm) beginners
(7-8.30pm) Advanced beginner/intermediate
Contact: Ellie Aldegheri – lunasdanceproject@gmail.com

Thursday – Old Fire Station, George Street
(9.30-11am) advanced beginner/ intermediate
Contact: Ellie Aldegheri – lunasdanceproject@gmail.com

Thursday – Whychwood School, 74 Banbury Road, OX2 ADV
(6.30-8pm) beginner/ intermediate
Contact: Ellie Aldegheri – lunasdanceproject@gmail.com

Dance Fitness

Monday- Pegasus Theatre, Magdalen Road
7:00-8:00pm (£5)
Contact: Body Politic (Emma-Jane Greig) info@bodypoliticdance.com
www.bodypoliticdance.com or Pegasus Theatre 01865 812150

Wednesday- Venue tbc
(19:30-20:30pm) All Oxford University Dance Society
with Emma-Jane Greig
Contact: <http://users.ox.ac.uk/%7Edancesoc/index.html>

Friday – Dean Court Community Centre, Pinnocks Way, OX29 DG
(9.30-10.30am) – All levels
Contact: 07584241530 / Clareplatt@hotmail.co.uk

Friday – Baldons Village Hall, The Croft, Marsh Baldon, Oxford, OX44 9LL
(10.30-11.30am) – Dancercise class with short routines. Fun based class for all.
Contact: **Dance Rhythms** 01865 875800 / 07889 854812 /
dance@dancerhythms.com / www.dancerhythms.com

Draw Dance

Mondays or Thursdays: United Reformed Church Hall, Banbury Road
Summertown OX2 7HN Susie Crow's ballet classes on these days and the
Monday contemporary class are open for artists wishing to sketch dancers.
£5 – artists

Contact in advance as spaces are limited:
Susie Crow susiecrow@gmail.com 01865 557098
<http://balletinssmallspaces.wordpress.com/classes>

Egyptian Dance

Although popularly referred to as 'belly dancing', this is a graceful dance form which involves the whole body.

Tuesday – Oxford Academy Campus, Littlemore
(6.00-7.00pm)

Blocks of 5 sessions £25, drop-in £6 per session

Contact: Katrina Robinson 01865 77462

Tuesday – Oxford Academy Campus, Littlemore
(7.00-8.30pm) Beginners

(Raqs Sharqui Society teacher) (please book)

Contact: OCC Adult Learning 0845 3510646 /

www.oxfordshire.gov.uk/adultlearning (See www.raqsshariqsociety.org.uk)

Wednesday – Jericho Community Centre, Canal St

(Rural, Urban and Classical Dances of Egypt)

(6.30-8.00pm) Intermediate/Improvers (Raqs Sharqui Society teacher)

Cost: Runs as 5-week blocks @£37; plus some drop-in places @ £9.

Contact: Katrina Robinson 01865 777462 (before 8pm) /

katrinagaye@yahoo.co.uk (See www.raqsshariqsociety.org.uk)

Saturday – St Matthew's Church Centre, Marlborough Rd, Oxford OX1 4LW

(2.30-4pm) Beginners/Refreshers class DATES: Saturday 17th September, 29th October, 26th November

Contact: Katrina Robinson 01865 777462 (before 8pm) /

katrinagaye@yahoo.co.uk (See www.raqsshariqsociety.org.uk)

English Country Dancing

Thursday - Cutteslowe Pavillion, Cutteslowe Park

(7.45-9.45pm)

Contact: North Oxford Folk Dance Club - Doreen Crewe 01865 512781

First Dance (for your wedding)

Dance Rhythms are first dance specialists and would love to create your perfect dance. They will choreograph to your music or can advise on music. With many years of experience they will talk you through every step of the way. For full details on your personal course **contact** – Dance Rhythms 01865 875800 / 07889 854812

Fitness (dance for fitness)

Get in shape, stay fit and enjoy yourself!

Monday – St Hughs College, Bar Area (St Margaret's Road)

(7.00-8.00pm) Dance Aerobics (beginners)

Contact: Lucy Ashe / lucy.ashe@st-hughs.ox.ac.uk or FreeFall Dance

www.freefalldance.org.uk

Monday – St Hughs College, Bar Area (St Margaret's Road)

(8.00-9.00pm) Dance Aerobics (intermediate)

Contact: Lucy Ashe / lucy.ashe@st-hughs.ox.ac.uk or FreeFall Dance

www.freefalldance.org.uk

Monday – Worton Bussiness Park, Cassington Road, Cassington.

(7.00-8.00pm) Fitness and Circuits Studio 1 - £5

Contact: 07803 954363/info@step2dance.co.uk

Tuesday - Abingdon Dance Studios, Driveway between no's 59-65, Swinburne Road, Abingdon.

(7.00-8.00pm) - Belly Dance for Fun

(7.15-8.15pm) - Salsa, Street, Cha Cha Cha, Cheer and Fun Dances

Contact: 01235 520195 / liz.lee-selleck@tesco.net

Thursday – The Cornerstone, Didcot

(2.45-3.45pm) For all ages and fitness levels

Contact: 01235 515144/ cornerstone@southoxon.gov.uk or www.cornerstone-arts.org

Friday – Cutteslow Community Centre

(6.00-7.00pm) Fitness through Belly-dance (£3.50)

Contact: Miriam Rowland miriam_rowland@yahoo.co.uk / 07794050795

Friday – St Greg's Dance Studio

(7.00-8.00pm) dance fitness class (£5)

Contact: Emma-Jane Greig / emjgreig@gmail.com

Friday – Baldons Village Hall, The Croft, Marsh Baldon, Oxford, OX44 9LL

(10.30-11.30am) – Dancercise class with short routines. Fun based class for all.

Contact: Dance Rhythms 01865 875800 / 07889 854812 /

dance@dancerythms.com / www.dancerhythms.com

Sunday – Jericho Community Centre

(6.30-7.30pm) Soulsweat (£5) An exhilarating dance workout. All welcome

Contact: Vicky Wright / 07779854957 / www.soulsweat.co.uk

Flamenco

Engaging in sensuality, the passion and the intensity of flamenco is a great way to get rid of the frustrations of your day and learn exciting, vibrant new skills.

The North Wall, St Edward's School, South Parade, Summertown, Oxford

See the website for current class times

Contact: Amarita 01865 988513 / info@oxfordflamencoacademy.co.uk /

www.oxfordflamencoacademy.co.uk

Monday – The Glee Club, 3 Hythe Bridge Street, Oxford OX1 2EW

(6.30pm-8.00pm) Beginners

(8.00pm-9.30pm) Intermediate

Contact: Amarita Vargas – info@amaritavargas.com – 0752 6487492

Tuesday – South Oxford Community Centre, Lake Street (**Flamenco Fusion**)

(6.30-7.30pm) Beginners £6 per class (or £25 for 5)

Improvers / Intermediate on a workshop basis

Contact: Annelte 07810 320170 / flamencofusion@rocketmail.co.uk

Wednesday - Rover Sports & Social Club, Roman Way

(6.30-7.30pm) All levels

Contact: Dance Rhythms 01865 875800/ dance@dancerythms.com /

www.dancerhythms.com

Folk

Monday – Edward Field School, Kidlington OX5 2LG

(8.00pm)

Contact: Peter Moran 01865 372344 (Kidlington Folk Dance Club)

Monday – Towersey Village Hall, Towersey OX9 3QB (7.30pm)

Contact: M&B Walter 01494 481459 (Towersey Folk Dancing Club)

Monday – Wolvercote Village Hall, Wolvercote OX2 8BD 8.00pm

Contact: A. Bridgeman 01608 810184

Wednesday - Stonesfield Village Hall, Stonesfield OX29 8EF

(8.00-10.00pm) English country dancing

Contact: Paul Davis (Stonesfield folk dancing group) 01865 727158

Wednesday - St Giles Church Hall, 10 Woodstock Road

(8.15-10.00pm) International Folk Dance

Contact: Colin & Sally Hersom 01865 862059 / Diana & Lesley Hitchins 0845 4582893 (visit www.oxintdance.org.uk)

Thursday - Headington Community Centre, Gladstone Rd

(8.45-10.00pm) Folk Dance

Contact: Joyce Dawson 01865 246458 (Headington Quarry folk dance club)

Thursday – Cuttleslowe Pavilion, Cuttleslowe Park OX2 8ES (7.45pm)

Contact: Ann Magnani 01865 552715 (North Oxford Folk Dancing Club)

Thursday – Charlton Centre, Charlton, Village Road, Wantage OX12 7HG

7.45pm, 1st and 3rd Thursday of each month.

Contact: Malcolm Bright 01235 818585 (Wantage Folk Dancing Club)

Thursday – The Corn Exchange, Witney OX8 6AB - 8.00pm

Contact: Norman Hayes 01993 705961 (Witney Dancing Club)

Saturday – St Andrews,, Cumnor Village Hall OX2 9QF - (3.00-5.30pm)

Contact: John Gailey 01865 438457

Further Education First Diploma, National Award & National Diploma in Dance

Style: Various (Ballet, Bollywood, Contemporary, Jazz, Kathak, Urban + supporting theory).

Full-time programmes (part-time option possible for National Award)
OCVC, Oxford Campus, Oxpens Road, OX1 1SA

Level 2 & 3 (post GCSE). Free if under 19yrs

Prospectuses & Application forms available on-line or from campuses.

Contact: Telephone: 01865 550550

Hip Hop

A style primarily danced to hip-hop music, including a wide range of styles including breaking, locking and popping.

Monday – Pegasus Theatre, Magdalen Road

8.00-9.00pm (Adult - £5)

Contact: Body Politic (Emma-Jane Greig) info@bodypoliticdance.com / www.bodypoliticdance.com or Pegasus Theatre 01865 812150

Tuesday – Horspath Village Hall
(7.30-8.30pm) All Levels

Contact: Dance Rhythms 01865 875800 / dance@dancerythms.com / www.dancerhythms.com

Tuesday - Jericho Community Centre, Canal Street
(8.00-9.00pm) Urban Dance £5

Contact: Jenni Middleton www.rawdiva.co.uk

Thursday - St Gregory the Great School, Cricket Road.
(8.00-9.00pm) Urban Dance £5

Contact: Jenni Middleton www.rawdiva.co.uk

Thursday – The Cornerstone, Didcot
(8.15-9.00pm) 16-20 years

Contact: 01235 515144/ cornerstone@southoxon.gov.uk or www.cornerstone-arts.org

Saturday- Oxford Brookes Centre for Sport (Headington Campus)
3:30-4:30pm All levels
£5 adult/ £4 student

Contact: Body Politic (Emma-Jane Greig) info@bodypoliticdance.com / www.bodypoliticdance.com

Historical Dance

– St John's Church Hall, Opposite Sainsbury's Kidlington, OX5 1EF
8 workshops a year. Court and Country dances from the 1400's to 1920's

Contact: Kathy Chapman 01865 250093 / kathyc@seacourt.myzen.co.uk / www.ohds.org.uk

Irish

Monday - Harwell Village Hall
(4.30-8.00pm) Various classes

Contact: Viv O'Gara (O'Gara School of Irish Dance) 01235 812004

Monday – Sacred Heart Church, Blackbird Leys
(5-6pm) Beginner/Primary

(6-8pm) Intermediate Open

Contact: marionflanaganschool@gmail.com / www.marionflanagan.co.uk

Tuesday – East Oxford Community Centre
(6.15-7.15pm) All levels

Wednesday – St Gregory the Great RC School, Cowley
(6-7pm) Beginner and Int./Open

(7-8pm) Ceili

(8-9pm) Intermediate Open

Contact: Liz McCarthy / marionflanaganschool@gmail.com / www.marionflanagan.co.uk

Jazz

Monday - St Mathews Church Centre, Marlborough Rd
(7.30-8.30pm).

Contact: Ruth Green OCC Adult Learning 0845 3510646

Monday – St Gregory The Great School

(8.00-9.00pm) Taught by Nyroy Dixon

Contact: Penny Cullerne Bown – 01865 847747 / www.eastoxfordballet.co.uk

Tuesday – Horspath Village Hall

(8.30-9.30pm) Funky Jazz - All levels

Contact: Dance Rhythms 01865 875800 / dance@dancerythms.com /

www.dancerhythms.com

Tuesday – Venue TBC

Starting January 2013

(8:00-9:00pm) Beginners/Improvers

Contact: Sarah Stead 07956 231155 / info@expressiondance.co.uk

Thursday - Old Fire Station, 40 George Street, OX1 2AQ

(7:00-8:00pm) Lyrical/Commerical/Theatre Jazz - Inter/Adv Master Classes

Contact: Sarah Stead 07956 231155 / info@expressiondance.co.uk

Saturday – Old Fire Station, George Street

(12.30-2.00pm) Lyrical Jazz, all Oxford University Dance Society

Contact: <http://users.ox.ac.uk/%7Edancesoc/index.html>

Jive +/Modern Jive

Monday – Marlborough Enterprise Centre, Marlborough School, Woodstock

(8.00-8.45pm) Beginners

(9.05-9.45pm) Intermediates/monthly Advanced with national champion Nigel

Annderson (1st Mon of month) or Beginners review

(9.45-10.45) Freestyle (£8 whole evening)

Contact: Coralie 07767 360854 / coralie@jiveplus.com

Tuesday – The Trades & Labour Club, West Bar Street, Banbury

(8.00-8.45pm) Beginners

(9.05-9.45pm) Intermediates or Beginners review

(9.45-10.45) Freestyle (£8 whole evening)

Contact: Coralie 07767 360854 / coralie@jiveplus.com

Wednesday - Langdale Hall, Langdale Gate, Witney

(8.00-8.45pm) Beginners

(9.05-9.45) Intermediates or Beginners review

(9.45-10.45) Freestyle (£8 whole evening)

Contact: Coralie 07767 360854 / coralie@jiveplus.com

Thursdays – The Shelley Theatre, Court Garden Leisure Complex, Pound Lane, Marlow, SL7 2AE

(8.00-8.45pm) Beginners

(9.05-9.45pm) Intermediates or Beginners review

(9.45-10.45) Freestyle (£8 whole evening)

Contact: Coralie 07767 360854 / coralie@jiveplus.com

Saturday – Rover Sports & Social Club, Roman Way, Horspath Road, Cowley

Monthly Jive workshops 2.30-5.30pm, followed by evening Freestyle Jive dancing.

Visit website for details www.jiveplus.com

Kathak (Indian Classical)

Dance from Northern India and Pakistan. Well known for its lightning fast footwork, graceful movements and exquisite expressions.

Kathak (Indian Classical)

Thursday – Jericho Community Centre, 33A Canal St, Oxford OX2 6BQ

(6.00 –7.00pm) Beginners

(7.00-8.00pm) Intermediate/Advanced

Contact: Anuradha Chaturvedi – anucseth@drishtidance.com / 07765 190197 /

www.drishtidance.com

Lindy Hop / Swing

Also known as Jitterbug, it is an unabashedly joyful Afro-Euro-American Swing dance.

Wednesday - Barton Neighbourhood Centre, Underhill Circus

(7.30-8.10pm) Basics

(8.10-9.30pm) Social Dancing

(8.30-9.10pm) Basics

(8.30-9.10pm) Intermediate 1

(9.15-10.00pm) Intermediate 1

(9.15-10.00pm) Intermediate 2

(10.00-10.30pm) Social Dancing (All levels)

Contact: Oxford Swing Dance Company - Les & Nicky 01235 529895 Or Pam 01494 713675

Line Dancing

Thursday – Risinghurst Community Centre, Kiln Lane, Headington, Oxford

(7.15-8.15pm) All levels welcome

Contact: Dance Rhythms 01865 747144 / 07889 854812 /

dance@dancerhythms.com / www.dancerhythms.com

Sunday - Abingdon Dance Studios, Driveway between no's 59-65, Swinburne Road, Abingdon.

(6.30-7.30pm) Beginners

(7.30-8.30pm) Improvers

Contact: 01235 520195/ liz.lee-selleck@tesco.net

Modern/Contemporary

Monday –downstairs at East Oxford Community Centre, Princes St

(7.00-8.00pm) Open class – Beginners/Intermediate (£6 per session)

Contact: Lauren O'Day – 07745 031293 / attitude_dance_school@live.co.uk

Over-50's Dance

Thursday – Jericho Community Centre

10:30-11:30am (Ages 50 yrs+)

£4 (£3.50 per week for a block of 6 sessions)

Contact: Emma Webb - emmafranceswebb@gmail.com

Thursday – Pegasus Theatre, Magdalen Road (Theatre & Movement)

12:00-1:00pm (Ages 50 yrs+)

£4 (£3.50 per week for a block of 6 sessions)

Contact: Pegasus Theatre 01865 812150

Easy Movement to Music for 55s +

Saturday – Iffley Church Hall, Church Way, Iffley OX4 4EG

11:00-12:00pm (Every 2 weeks)

£5 per session (£3 for first 'taster' session)

Contact: Katrina Robinson 01865 777462 (before 8pm) /
katrinagaye@yahoo.co.uk

Pilates

Re-align the body whilst strengthening muscles and working on your core stability.

Monday - Yoga Garden, Summertown
(9.40-10.40am) Beginners/ intermediate mat work
Contact: Juliette - jwynne@clara.net

Tuesday – Summertown Church Hall
(9.00am) Small equipment classes (£16 per class)
Contact: Michelle – mdeussen_pilates@yahoo.co.uk

Tuesday – Cumnor Village Hall
(2.30-3.30pm) Intermediate
(7.30-8.30pm) Intermediate/Advanced (£8 per class)
Contact: Michelle – michelle@pilates.uk.net
(Please e-mail to book as spaces are limited)

Tuesday - The Coach House, Quarry Hollow, Headington (7.30-8.30pm)
Beginners mat work (8.30-9.30pm) Intermediate/ advanced
Contact: Juliette- jwynne@clara.net

Tuesday – Worton Business Park, Cassington Road, Cassington
(10.00-11.00am) Studio 1 - £8
Contact: 07803 954363 / info@step2dance.co.uk

Wednesday - Yoga Garden, Summertown
(9am) Level 1 small equipment
Contact: Juliette- jwynne@clara.net

Wednesday– The Cornerstone, Didcot (12.30-1.30pm)
Contact: 01235 515144/ cornerstone@southoxon.gov.uk / www.cornerstone-arts.org

Wednesdays – St Antony School, Rye
(6.15 – 7.00) people with some experience – £7 per class, or Pilates and Ballet
class both together for £15.
Contact: Penny Cullerne Bown – pcb@eastoxballet.co.uk – 01865 847747

Wednesday – Worton Business Park, Cassington Road, Cassington
(1.00-2.00pm) Studio 1 - £8
Contact: 07803 954363 / info@step2dance.co.uk

Wednesday – Worton Business Park, Cassington Road, Cassington
(7.30-8.30pm) Studio 2 - £8
Contact: 07803 954363 / info@step2dance.co.uk

Thursday - Yoga Garden Summertown
(9am) Level 2 Small equipment
Contact: Juliette- jwynne@clara.net

Thursday – St John's Hall in Kidlington

(1.00-1.45pm) Beginners/Improvers £5

Contact: Denise Brocklebank 07748600620/ oxforddancefitness@gmail.com

Thursday– Worton Business Park, Cassington Road, Cassington

(10.00-11.00am) Studio 1 - £8

Contact: 07803 954363 / info@step2dance.co.uk

Friday – Cumnor Village Hall

(10.00-11.00am) Beginners

(11.00-12.00pm) New Beginners class (£8 per class)

Contact: Michelle – michelle@pilates.uk.net (Please e-mail to book as spaces are limited)

Friday– Worton Business Park, Cassington Road, Cassington

(1.00-2.00pm) Studio 1 - £8

Contact: 07803 954363 / info@step2dance.co.uk

Saturday - Yoga Garden Summertown

(9.30-10.30am) Intermediate/Advanced mat work

(10.30-11.30am) Beginners mat work

Contact: Juliette- jwynne@clara.net

Pole Fitness

Thursday - Abingdon studios, Driveway between no's 59-65, Swinburne Road, Abingdon.

Contact: 07866411425 or email: lynnspolefitness@hotmail.co.uk

Reel (Scottish dancing)

Reeling is a type of Scottish Dancing. It is social, energetic, easy to learn and great fun!

Thursdays (monthly) West Oxford Community Centre, off the Botley Road, Oxford

For more info see website. Beginners welcome and no need to bring a partner.

Contact: John Carver 07815907435 or email info@oxfordreels.co.uk

Rueda

A particular type of round dancing of Salsa.

Tuesday - Church House, 2-3 North Bar Street, Banbury OX16 0TB

(8.00&10.00pm) All levels

Contact: SalsaEngland 07973 831801 / SalsaEngland@aol.com /

www.SalsaEngland.org

Tuesday - Conservative Club, 59 Ock Street, Abingdon OX14 5AG

(8.00&10.00pm) All levels

Contact: SalsaEngland 07973 831801 / SalsaEngland@aol.com /

www.SalsaEngland.org

Thursday - G's Bar, Market Sq, Bicester

(8.00&10.00pm) All levels

Contact: SalsaEngland 07973 831801 / SalsaEngland@aol.com /

www.SalsaEngland.org

5 Rhythms

A simple, powerful moving meditation that anyone can practice, with no taught steps to follow.

Monday - South Oxford Community Centre, Lake St, OX1 4RP
(12.24 – 1.45pm) Over 50's friends and families welcome, lunch available after.
Contact: Dean Kayum 07951 530076

Wednesday – East Oxford Community Centre, Princes Street, Cowley Road, OX4 1DD – Upstairs hall
(11.45am-1pm) For people over 50 / £4
Contact: Hilary Kneale 07799 694546 / www.hilarykneale.com

Friday – Methodist Church Hall (East Oxford) Cowley Road, (entry on Jeune St) Oxford, OX4 1BN
(7pm-9pm) £10 (£8)
Contact: Jessica Howi

Salsa

Salsa dancing mixes African and European dance influences through the music and dance fusions that are the roots of Salsa.

Monday - Somerville College, Flora Anderson Hall
(7.00-7.45pm) Beginners
(8.00-8.45pm) Latin Dances
(9.00-9.45pm) Advanced
See: www.oxfordsalsasociety.co.uk

Monday – Old Fire Station, Gloucester Green
(8.30pm start) Salsa
£7 per class / £5 students
Contact: lisa@salsaoxford.com – 07885 574360

Tuesday - Abingdon Dance Studios
(8.30-9.30pm) - Learn Salsa, Cha Cha and Merungue, no need for a partner
Contact: 01235 520195 / liz.lee-selleck@tesco.net

Tuesday – The Regal, Cowley Road, Oxford (**Salsa Piccante**)
(7.30-8.30pm) Beginners & beyond
(No partners needed) Dancin 'til late
Contact: www.the-regal.com

Tuesday - Conservative Club, 59 Ock Street, Abingdon OX14 5AG
(8.00&10.00pm) All levels
Contact: SalsaEngland 07973 831801 / SalsaEngland@aol.com / www.SalsaEngland.org

Tuesday – Summertown Church Hall, Portland Road
(7.30-10.15pm) Cost: £6
Contact: Rosa Eadle 07775850386 / rosa@onsalsa.com

Wednesday – Old Fire Station, Gloucester Green
(8.00pm start) Salsa 1
(9.00pm start) Salsa 2
£7 per class / £5 students
Contact: lisa@salsaoxford.com – 07885 574360

Thursday - Sun Inn, Wheatley (8.00pm)

All levels no partner needed

Contact: OUDS - dancesoc@herald.ox.ac.uk

Friday – Baldons Village Hall, The Croft, Marsh Baldon, Oxford, OX44 9LL

(7.00-8.00pm) – Improvers. Enquire for beginners sessions

Contact: **Dance Rhythms** 01865 875800 / 07889 854812 /

dance@dancerhythms.com / www.dancerhythms.com

Scottish Country Dancing

(The Royal Scottish Country Dancing Society, Oxfordshire Branch)

Thursday – Summertown Church Hall, Banbury Road (at the end of Portland Road) (7.30-8.15pm) Basic Class

(8.15-9.15pm) General Class

(9.30-10.30pm) Advanced Class

(9.30-10.30pm) Improver's Class – Lower hall

All Welcome.

Weekly RSCDC Members - £2.00 Non Members- £2.50

Contact: Denis Tucker 01865 863427 or email dennistucker@btinternet.com or visit www.rscdoxfordshire.org.uk

Sol Samba

Dance to infectious rhythms, build up a sweat and shake it up with Sol Samba!

Monday – Barcelo Hotel, Godstow Road, Wolvercote

(7.00-8.00pm) Beginners

Wednesday - South Oxford Community Centre, Lake Street

(7.30-8.30pm) All levels (£7/£6 per class).

Contact: Sarah 07854 669717 / hyasarah@hotmail.com

Social Dance

Learn the basic steps of Waltz, Cha-Cha, Quickstep, Swing, Foxtrot and Rock & Roll.

Monday - Abingdon Dance Studios, Driveway between no's 59-65, Swinburne Road, Abingdon.

(8.45-9.45pm) Beginners

Contact: 01235 520195/ liz.lee-selleck@tesco.net

Thursday – Oxford Sports & Social Club, Romanway, Cowley, Oxford

(7.15-8.15pm) Beginners Social Dance Class, learn the basics

Contact: 01865 875800 dance@dancerhythms.com www.dancerhythms.com

Sunday – Risinghurst Community Centre, Risinghurst, Headington, Oxford

(3-4pm) Social Dance Class for beginners, learn the basics

Contact: 01865 875800 dance@dancerhythms.com www.dancerhythms.com

Street Dance

Monday – Old Fire Station, George Street

(19.40-21.00) All Oxford University Dance Society

Contact: <http://users.ox.ac.uk/%7Edancesoc/index.html>

Monday - Pegasus Theatre, Magdalen Road

Dance Fit and Tone

7.00-8.00pm (£5 per class)

ConfIDANCE (Adult Street Beginners)

8:00-9:00pm (£5 per class)

Contact: Body Politic (Emma-Jane Greig) info@bodypoliticdance.com
www.bodypoliticdance.com

Tuesday – Worton Business Park, Cassington Road, Cassington
(6.15-7.15pm) Adult Street Studio 1 - £5

Contact: 07803 954363 / info@step2dance.co.uk

Wednesday – VENUE TBC

(20:45-21:45pm) All Oxford University Dance Society
with Emma-Jane Greig

Contact: <http://users.ox.ac.uk/%7Edancesoc/index.html>

Thursday - Pegasus Theatre, Magdalen Road
(7:30-8:30pm) (Just for the summer)

Contact: Body Politic (Emma-Jane Greig) info@bodypoliticdance.com
www.bodypoliticdance.com

Thursday – Risinghurst Community Centre, Kiln Lane, Risinghurst, Headington,
Oxford

(7.30-8.30pm) Beginners / Improvers

Contact: Dance Rhythms 01865 875800 / dance@dancerythms.com /
www.dancerhythms.com

Thursday – Blackbird Leys Leisure Centre, Oxford

(7.45-8.45pm) Adult class

Contact: Miss K Chandler 01865 776394 / 07771 508959 /
kcschoolofdance@hotmail.co.uk

Thursday – Abingdon Dance Studios, Driveway between no's 59-65, Swinburne
Road, Abingdon.

(8.15 – 9.15pm) Beginners Street Dance

Contact: 01235 520195/ liz.lee-selleck@tesco.net

Friday – St Greg's Dance Studio

(8.00-9.00pm) Adult class (£5)

Contact: Emma-Jane Greig / emjgreig@gmail.com

Saturday - Oxford Brookes Centre for Sport (Headington Campus)

3:30-4:30pm All levels

Contact: Body Politic (Emma-Jane Greig) info@bodypoliticdance.com
www.bodypoliticdance.com

Free Street Dance Classes

Saturdays – St Aldates Parish Centre, Pembroke Street

(2-3pm) Open to all and ideal for beginners

Contact: dance@staldates.org.uk

T'ai Chi

A Chinese system of slow meditative physical exercise designed for relaxation and balance and health

Monday - Cheney School, Cheney Lane
(7.00-9.00pm) T'ai Chi Chuan- Yang Style
Contact: Alan Baker - OCC Adult Learning 0845 3510646

Monday - Iffley Church Hall, Church Way, Iffley OX4 4EG
Yang style Taijiquan (T'ai Chi) and Qigong
(5.45-6.45pm) Beginners
(7.00-8.00pm) Short Form
(8.00-9.00pm) Long Form
£60 / £40 per 10-wk term or £8.00 / £5.50 per session; free 'taster' session
Contact: Anne Mackintosh 01865 714849 / taichi@annemack.org /
www.taichi-in-oxford.co.uk

Thursday - Summertown Church Hall, Banbury Road OX2 7EZ
Yang style Taijiquan (T'ai Chi) and Qigong
(12.30-1.30pm) Short Form
(1.45-2.45pm) Long Form
(3.00-4.00pm) Beginners
£45 per 10-wk term; £30 for block of five; free 'taster' session
Contact: Anne Mackintosh 01865 714849 / taichi@annemack.org /
www.taichi-in-oxford.co.uk

Friday - North Oxford Ass. Community Centre, Diamond Place
(9.30-11.30am)
Contact: Alan Baker - OCC Adult Learning 0845 3510646 /
adult.learning@oxfordshire.gov.uk

Tango Argentino

Monday - St Giles Church Hall, Woodstock Rd
Oxford Tango Argentino (with resident teacher: Leroy Tango Cat)
(7.30-9.30pm) Intermediate (£10.00 per session)
Contact: Maureen 01865 721667 / info@oxfordtango.co.uk /
www.oxfordtango.co.uk

Monday – Ark T Centre, Crowell Road Cowley, Oxford OX43LN
(7:30pm) Beginners
(8:45pm) Improvers
Contact: Charles Long 07793142743 / dance@thamesvallytango.co.uk

Wednesday – The Oxford Academy, Sandy Lane West, Littlemore OX4 6JZ
(The dance studio)
(8.30-9.30pm) – Improvers level. Enquire for new beginner sessions
Contact: **Dance Rhythms** 01865 875800 / 07889 854812 /
dance@dancerhythms.com / www.dancerhythms.com

Thursday - Jericho Community Centre, Canal St
Oxford Tango Argentino (with resident teacher: Leroy Tango Cat)
(7.30-8.45pm) Beginners (£5.00 per session)
(8.45-10.00pm) Improvers (£5.00 per session)
Contact: Maureen 01865 721667 / info@oxfordtango.co.uk /
www.oxfordtango.co.uk

Friday – Women's Institute Hall, North Hinksey Lane, Botley (except 3rd Friday of each month)
Dancing 8.00pm to 11.30pm Sometimes includes lesson with guest teacher.

Social dancing till 11.30pm. (Up to date info on website)
Contact: Maureen 01865 721667 / info@oxfordtango.co.uk / www.oxfordtango.co.uk

Friday - St Giles Church Hall, Woodstock Rd
(7.30-8.30pm) Absolute Beginners (£3.00 per session)
(8.30-9.30pm) Experienced Beginners (£3.00 per session)
Contact: Tangueros Anonymous - tango@themoon.co.uk

Sunday - Women's Institute Hall, North Hinksey Lane, Botley
(6.00-7.00pm) New Beginners (£4)
(7.00-8.00pm) Beginners (£4)
Contact: Maureen 01865 721667 / info@oxfordtango.co.uk / www.oxfordtango.co.uk

Tap

Monday – Lime Walk Methodist Church (reached via New High Street), Headington (5.45-6.45pm) Adult Beginners
Contact: motionmix@rocketmail.co.uk

Tuesday – Baldons Village Hall, The Croft, Marsh Baldon, Oxford, OX44 9LL
(9.30-10.30am) – Friendly social tap class, good exercise, new members welcome
Contact: **Dance Rhythms** 01865 875800 / 07889 854812 / dance@dancerhythms.com / www.dancerhythms.com

Tuesday – The Old Fire Station - Sole Rebel Tap
Non syllabus tap classes, fun, upbeat – come make some sounds!
(6.00-7.00pm) Beginners
(7.00-8.00pm) Improvers
(8.00-9.00pm) Advanced
Cost: £30 for 6 weeks of 1 class or £45 for 6 weeks of 2 classes
Contact: Hannah DeCancho: oxfordclasses@solerebeltap.co.uk / www.solerebeltap.co.uk

Wednesday - St Alysious School, St Margaret's Road
(7.45-8.30pm) Adult Improvers
Contact: Paula Nattrass 01235 555496 / dance@delany.co.uk / www.oxfordacademyofdance.co.uk

Wednesday – Wootton Community Centre, Besseleigh Road, Wootton Nr Abingdon
(8-8:45pm) Adult Improvers Tap
Contact: Amanda Isard 01235 553565 / amanda@adanceacademy.co.uk

Wednesday– The Cornerstone, Didcot
(6.00-7.00pm) Beginners
Contact: 01235 515144/ cornerstone@southoxon.gov.uk or www.cornerstone-arts.org

Wednesday – URC Church Hall, Banbury Road, Summertown
(7.00-8.00pm) Beginners
(8.00-9.00pm) Improvers
(9.00-10.00pm) Advanced
£60 per 10-week term (Term time only)

Contact: The Oxford Academy of Performing Arts: 01865 872883 / info@theoapa.com

Thursday - Abingdon Dance Studios, Driveway between no's 59-65, Swinburne Road, Abingdon.

(7.00-8.00pm) Adult tap

Contact: 01235 520195 / liz.lee-selleck@tesco.net

Friday - Worton Business Park, Cassington Road, Cassington OX29 4SY

(6.00-7.00pm) Adult Intermediate Tap

Studio 1 - £8

Contact: Name Nadia. nadia@step2dance.co.uk

Friday - Oxford Spires Academy

(6.15-7.15pm) Adult Tap (All levels welcome) - Taught by Nyroy Dixon

Contact: Penny Cullerne Bown -01865 847747 / www.eastoxfordballet.co.uk

Saturday - Old Fire Station George St

(10.00-11.00) Beginners Oxford University Dance Society

(11.00-12.00) Int/Adv Oxford University Dance Society

Contact: <http://users.ox.ac.uk/~%7Edancesoc/index.html>

Tribal Bellydance

Monday - St Andrews Church Hall, Orchard Road, Botley

(7.30-8.30 pm) Beginners

£6.30 per class or £68.25 for 13-week term

Contact: Loreley Rice 01367 710652 / loreley@homecall.co.uk /

www.loreleyrice.co.uk

Urban Dance (Raw Diva)

Tuesday - St. Gregory the Great School, Cricket Road, Oxford, OX4 3DR

(8.00-9.00pm)

Thursday - St. Gregory the Great School, Cricket Road, Oxford, OX4 3DR

(8.00-9.00pm)

Contact: Raw Diva 07951393710 / raw.diva@live.co.uk / www.rawdiva.co.uk

West Coast Swing

A partner dance derived from Lindy Hop.

Sundays - The Rover Sports & Social Club, Empress Ballroom, Roman Way, Hospath Rd, Cowley, Oxford

(7.30 - 10.30 pm) £48 for 6 weeks or £10 per night

Contact: Coralie 07767 360854 / coralie@jiveplus.com

Fridays - General Foods Social Club, Spiceball Park Rd, Banbury, Oxon OX16 2PA Monthly Jive freestyles (dances).]

Visit website: for details www.jiveplus.com

Yoga

Monday - The Old Library, Uni Church of St Mary

(6.00-7.30pm) Beginners welcome

Contact: Christina 01865 512352 / christinasage@tiscali.co.uk

Monday - South Oxford Community Centre, Lake Sreet (Svastha Yoga)
(6.00-7.30pm) Mixed level (Beginners welcome)
Contact: Anita Lewis www.anitalewisoyoga.com / anita@anitalewisoyoga.com / 07726 841815

Tuesday - Thrangu House Buddhist Centre, 42 Magdalen Rd (Svastha Yoga)
(5.30-7.00pm) Beginners
Contact: Anita Lewis www.anitalewisoyoga.com / anita@anitalewisoyoga.com / 07726 841815

Tuesday - St. Albans Hall, Charles Street (Svastha Yoga)
(7.30-9.00pm) Mixed level (not for complete beginners)
Contact: Anita Lewis www.anitalewisoyoga.com / anita@anitalewisoyoga.com / 07726 841815

Tuesday – The Cornerstone, Didcot
(12.30-1.30pm) Fitness Yoga
Contact: 01235 515144/ cornerstone@southoxon.gov.uk or www.cornerstone-arts.org

Wednesday - The Old Library, Uni Church of St Mary
(12.00-1.15pm) Beginners welcome
Contact: Christina 01865 512352 / christinasage@tiscali.co.uk

Wednesday - Rover Sports & Social Club, Roman Way
(8.30-9.30pm) All levels
Contact: Dance Rhythms 01865 875800/ dance@dancerythms.com / www.dancerhythms.com

Wednesday (starting 1st May) – Fusion Arts (Fusion Arts East Oxford Community Centre, Princes Street, Oxford, OX4 1DD)
(6.45-8.00pm) (Vinyasa Flow Style)
Contact: Lucy Foster-Perkins / lucyfosterperkins@yahoo.com.uk / www.facebook.com/lucysyoga

Zumba

Fun, exciting latin- inspired dance/ fitness programme

Monday – Old Fire Station, Gloucester Green
(7.30pm start) Zumba
£6 per class / £5 students
Contact: lisa@salsaoxford.com – 07885 574360

Monday - St Andrews Church Hall, Orchard Road, Botley
(6.30-7.25 pm) £5.50 per class or £27 for 6 weeks
Contact: Loreley Rice 01367 710652 /loreley@homecall.co.uk / www.loreleyrice.co.uk

Monday – West Oxford Community Centre, Botley Road
(8.30-9.30pm) £5 (£4 students/OAPs)
Contact: Denise Brocklebank 07748600620@oxforddancefitness@gmail.com

Monday – Cuddesdon Village Hall
(5:30 – 6:30pm)

Contact: sallypye@googlemail.com / 07540070760

Monday – Main Hall, Town Hall, St Aldate's, Oxford. OX1 1BX
(12.10 – 12.50pm) £3 per person

Contact: Rhiannon on 07904 612207 or Vicki on vgalvin@oxford.gov.uk

Monday – Wolvercote Young People's Club, St. Peter's Road, OX2 8AU
(7.00-8.00pm)

Cost: £5 per class

Contact: 07584241530 / Clareplatt@hotmail.co.uk

Tuesday– Botley Primary School (7.00pm)

If you're interested

Contact: Georgina Stanley on georgiinaa@hotmail.com / 07894 007724

Wednesday – Old Fire Station, Gloucester Green
(7.00pm start) Zumba

£6 per class / £5 students

Contact: lisa@salsaoxford.com – 07885 574360

Wednesday – West Oxford Community Centre, Botley Road
(12.30-1.15pm) £5 (£4 students/OAPs)

Contact: Denise Brocklebank/ 07748600620 / oxforddancefitness@gmail.com

Wednesdays – Cutteslowe Community Centre

(9.30 – 10.15am) £2.50 per class

Contact: Clare at clareplatt@hotmail.co.uk

Thursday– Emperor Ballroom, Rover Sports and Social Club, Roman Way
(7-8pm) £5 (£4 students/OAPs)

Contact: Denise Brocklebank 07748600620 / oxforddancefitness@gmail.com

Monday: Oxford Spires Academy, Glanville Road, Cowley

(6.30pm) £5 pay as you go

Wednesday: Cherwell School, Marston Ferry Road, Summertown

(6.30pm) £5 pay as you go

Friday: Kennington Village Hall, Kennington

(9.15am) £5 pay as you go

Saturday: SS Philip & James School, Navigation Way, Jericho

(11am) £5 pay as you go

Contact: Sarah Pomroy 07714 248 177/ zumbasarahoxford@gmail.com /

www.zumbasarahoxford.com

If you would like further information about Dance in Oxford please contact:

Dance Development Officer - Oxford City Council C/o: Town Hall, St Aldate's,
Oxford OX1 1BX E-mail: cthompson@oxford.gov.uk / 01865 252820